## Supports for Community Living Risk Assessment Inventory

## **Falls**

The following risk factors may be indicators of existing or developing problems. These should be considered by the case manager, service provider, and other team members when assessing and planning for risk mitigation. Referrals for further evaluation by clinicians may be needed to diagnose a specific condition or otherwise address consumer risk.

## **Personal Risk Factors**

√ if Present	Risk Factor	
	History of falls	
	Previous falls resulting in a fracture or laceration	
	Frequent falls (two or more per month)	
	Impaired vision	
	Muscle or strength weakness	
	Gait or balance disorders	
	Dizziness or vertigo	
	Incontinence or frequent toileting	
	Agitation	
	Sleep Disturbance	
	Medications with known side effects that may affect balance or ability to ambulate	
	Orthostatic hypotension (dizziness upon standing)	
	Impaired mobility	
	Requires assistance with ambulation	
	Uses mobility equipment (wheelchair, walker, cane)	
	Foot or leg deformity	
	Seizures	

## **Environmental Risk Factors**

√ if Present	Risk Factor
	Poor lighting
	Wet or slippery floors
	Loose electrical cords
	Inappropriate footwear
	Loose rugs
	Other: specify

Consumer:	Date

